



# Therapy Resource Group

## 2022 Impact Report

*At Therapy Resource Group, it's our mission to build resilient communities by offering accessible, high-quality therapy to each individual who seeks healing and safety.*

The following list provides an overview of Therapy Resource Group's (TRG) impact on our community in 2022.

### Educational opportunities, speaking & events:

- ❖ Fort Mill School District School Counselors Training - Trauma
- ❖ South Carolina Counseling Association Conference Workshop - Anxiety in Children
- ❖ South Carolina Counseling Association Continuing Education - Art Therapy
- ❖ Elevation Church - Grief support & Supporting the Adolescent
- ❖ Defend the Fatherless - Trauma work with foster children
- ❖ Lakeshore Christian Fellowship Children's Ministry - Trauma informed instruction
- ❖ Winthrop Blue Line Event

### Resources provided:

- ❖ Calm Down Boxes
- ❖ Calm Down Key Rings
- ❖ Games & other Printables
- ❖ Educational Tik Toks & Youtube videos
- ❖ SM Tuesday Tips
- ❖ SM Wednesday Wisdom

## Events & Groups hosted:

- ❖ Spring Art Gala
- ❖ LOVE Week
- ❖ Parenting Support Group (free)
- ❖ Foster & Adoptive Parent Support Group (free)
- ❖ Divorce Support Group for kids (free)
- ❖ Parenting Book Club
- ❖ DBT Skills Group
- ❖ Traumatic Grief Group
- ❖ Tween Art Group
- ❖ Self Esteem Art Therapy Group

## Events sponsored:

- ❖ Safe Passage Golf Tournament
- ❖ Safe Passage Annual Gala
- ❖ NAMI Dash of Green Walk
- ❖ Wellness Fair, Kingsley Self Care Saturday
- ❖ Fostering the Family Run
- ❖ Independence Day in Downtown Fort Mill, SC
- ❖ Christmas Tree Lighting in Downtown Fort Mill, SC
- ❖ Fort Mill Scarecrow Crawl Participant and Sponsor
- ❖ Fort Mill Christmas Parade Participant and Award Winner
- ❖ South Carolina Counseling Association Conference
- ❖ North Carolina Association of Licensed Clinical Mental Health Clinicians
- ❖ CRHS JROTC trip to Nationals
- ❖ Victory Sports

## Fundraising events:

- ❖ Art Gala Grand Opening - \$9385 (donations), \$440 (wine toss), \$1202.5 (art) & \$2640 (ticket sales)
- ❖ Gingerbread Showdown - \$1691.46

## Incoming gifts and donations:

- ❖ Elevation Church: \$25,000
- ❖ The Springs Close Foundation: \$2500
- ❖ The Community Partnership Foundation: \$1000
- ❖ One Time Private gifts: \$14,315.01
- ❖ Recurring gifts: \$800
- ❖ Mental Health Tools Sales: \$4492.5
- ❖ The Market: \$499

## Clinical Deliverables:

- ❖ Individual Counseling Clients: 285
- ❖ Reduced Rate or Pro Bono individual counseling clients: 158 clients
  - For the 63 *Reduced Rate or Pro Bono* clients who completed services in 2022:
    - Equaling 244 sessions
    - Equaling \$20,079 in free or reduced counseling
  - For the 89 *Reduced Rate or Pro Bono* clients still actively receiving services in 2022:
    - Equaling 816 sessions
    - Equaling \$54,040 in free or reduced counseling
  - Intensive Outpatient Program Clients: 22
  - Reduced Rate or Pro Bono Intensive Outpatient Program Clients: 13
  - Group Counseling Clients: 28
  - Reduced Rate or Pro Bono group counseling clients: 13
- ❖ Onsite Counseling:
  - Defend the Fatherless Events
  - LOVE Week Events
  - YTHX youth camp
  - Victory Sports youth trips
  - YTH nights at Elevation Church

## TO RECAP:

OUR COMMUNITY PARTNERSHIP IMPACT: 7 Educational opportunities & speaking events, 6 Community Resources, 7 Events hosted, 6 Groups offered, 13 Community Events sponsored

FUNDING SUPPORTS:

*Internal Funds Raised:* \$15,358

*External Funds Raised:* \$48,606

Total 2022 Funds raised: \$63,964

Total 2022 funds donated to the free and reduced counseling: \$74,119  
We gave in excess of 115% of our funds raised.